

Junior Development League

PLAYING FORMAT AND RULES

Introduction

The Football South Australia Junior Development League is designed for high performing players to have additional playing opportunities during the off-season.

This competition will adopt an 8v8 format. This format will be slightly adjusted to benefit the development of the players involved.

8-a-side allows players to be challenged technically as well as physically through multiple repeated actions in smaller areas. It also aims to set realistic expectations that meet the needs of young footballers, rather than senior players. It focuses on the development of a player rather than the result of the match.

Playing Format

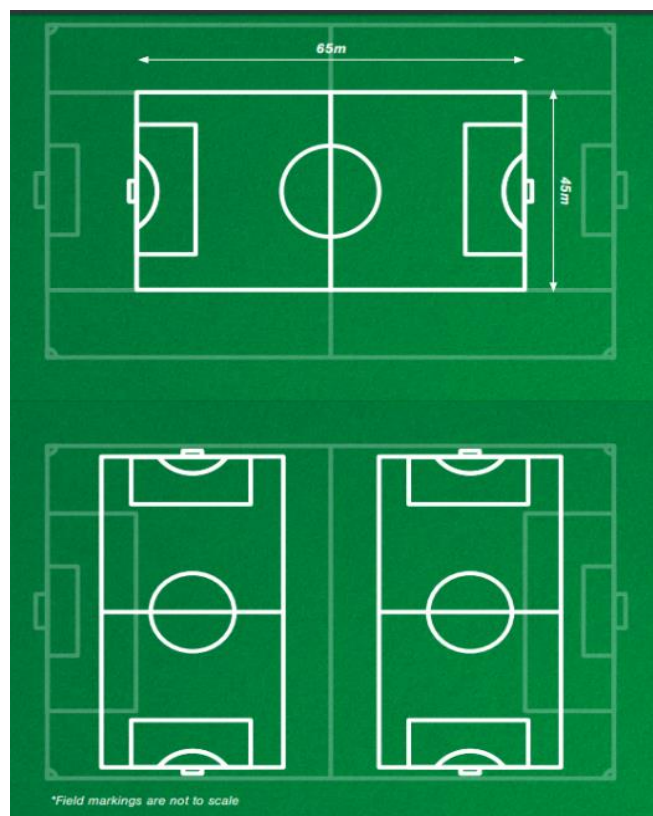
The playing format for the Junior Development League is as follows:

Numbers	8 v 8 Including Goalkeeper. Max of 5 substitutes
Field Size	Length: 60 - 70m Width: 40 - 50m
Goal Size and Type	Height: 2m Width: 5m Permanent or portable goal must be compliant with the Australian Competition and Consumer Commission's Consumer Notice No.28 of 2010
Field Marking	Cones, Markers or Painted Lines are allowed
Penalty Area	Depth: 10m Width: 20m Penalty Spot 7m from goal line
Duration of Game	3 x 20 Minute Intervals
Break Time	5 minutes
Referee	Football SA Appointed
Assistant Referees	Club appointed Assistant Referees
Interchange	Maximum 5 Players
Ball Size	4 for U10 - U12 5 for U13 - 14
Results	No

Competition Rules

This competition is played under FIFA Laws of the Game with modified rules to assist players in their development.

Pitch Markings: All pitch markings as required for a full-size pitch, including the penalty area, are required for all matches.



Pitch markings can be marked with paint, or flat markers. Painted lines must be a **different** colour to any existing line markings used for the full-size pitch.

Offside: The offside rule will be included in the competition as it is an integral rule to the game of football. 8v8 on the recommended size pitch will help players learn the rule as there is no longer as much space between the halfway line and the opposition goals.

Goal kick: Goal kicks can be taken from anywhere within the penalty area. Opponents must be outside the penalty area until the ball is in play. The ball is in play once it is kicked and leaves the penalty area.

Throw ins: Player faces the field of play, has part of each foot on the ground either on or behind the touch line, uses both hands and delivers the ball from behind and over their head. The thrower must not

Junior Development League

PLAYING FORMAT AND RULES

touch the ball again until it has touched another player. The ball is in play once it enters the field of play. A goal cannot be scored directly from a throw in.

Corner kicks: Opponents must be at least 5 metres away from the ball until it is in play. The ball is in play when it is kicked and moves.

Discipline: Red or Yellow cards will be issued to players in the competitions. For any fouls that would ordinarily result in a red card, the match official will instruct the player to leave the field of play for the remainder of the match.

League Formation

All competition shall be formulated by Football SA on an annual basis following receipt of team nominations. In addition to clubs nominating teams, Football SA Development Squads may also be included into the competition structure at the discretion of Football SA.

Competitions will take place in the following age groups:

- U10 Boys
- U11 Boys
- U11 Girls
- U12 Boys
- U13 Girls
- U14 Boys

Clubs will be able to nominate a maximum of one team per age group. Teams will be selected based on where they will be playing in the following calendar year. For example for 2024, U10 (2014 born), U12 (2012 born) etc.

The number of teams placed into any one league will be at the discretion of Football SA. Where possible, no less than 4 teams and no more than 10 teams will be placed into any one league.

Where possible, teams will be grouped based on geographical location and the position of their senior team i.e NPL, State League's, WNPL.

Match Officials

Where possible, Football SA will continue to appoint match officials to Junior Development League matches.

Similar to the concept of the players learning the game through small-sided football, Football SA will also be utilising the Junior Development League to help introduce new referees to the game.

Clubs will be asked to arrange a club Assistant Referee as per normal. This breaks down barriers and allows parents to learn the rules of the game in a similar learning environment to the referees and players.

Coaching

All coaches must hold a minimum of a Football Australia C Licence. All coaches are required to attend two coaching development workshops at Football SA. One will take place prior to the season with the other taking place post the season.

Further Information

For any further information including questions in relation to coaching and player development contact Football SA Technical Department or for any questions relating to competition matters contact Football SA Competitions Department.

Match Results and Points Tables

The Junior Development League will be 'non-competitive'. As such, no results will be recorded. This is in place to further emphasise the development of the players rather than being results driven.

Registration and Team Sheets

All players must be registered through the Play Football System. The participation of an ineligible player will be a breach of Football SA Rules and Regulations. All teams are required to complete a team sheet as per all junior boys and girls matches.

Other Rules & Regulations

All other rules will be applied using FIFA Laws of the Game and Football SA Rules & Regulations.