

# 2024 PATHWAY PROGRAMS



DESIGNED FOR SA PLAYERS WITH HIGH POTENTIAL AND A DEEP DESIRE TO BE THE BEST THEY CAN BE PLAYING THE GAME THEY LOVE

## FSA BOYS FULL TIME PROGRAMS

## FSA PROGRAMS FOR CLUB BASED PLAYERS

## FSA GIRLS FULL TIME PROGRAMS

### PERFORMANCE PHASE

TRAINING TO COMPETE AND COMMITTED TO PLAY AT THE HIGHEST LEVEL POSSIBLE. CAREER PLANNING FOR IDENTIFIED PLAYERS

### U16 SQUAD

2008/09 BORN PLAYERS  
44 WEEK PROGRAM  
MIN 4 SESSIONS PER WEEK  
SQUAD APPROX. 24 PLAYERS  
COMPETITION = U16 & U18  
JPL/ NPL  
NATIONAL CHAMPIONSHIPS

### REPRESENT FSA

CLUBS NOMINATE PLAYERS TO OUR PROGRAM LEAD COACHES WHO WILL ARRANGE OPPORTUNITES TO REPRESENT FSA AT NATIONAL CHAMPIONSHIPS AND/OR INTERNATIONAL TOURNAMENTS

### U18 SQUAD

2006/07/08 BORN PLAYERS  
44 WEEK PROGRAM  
MIN 4 SESSIONS PER WEEK  
SQUAD APPROX. 16 PLAYERS  
COMPETITION = WNPL  
NATIONAL CHAMPIONSHIPS

### YOUTH DEV PHASE

LEARNING TO TRAIN AND DEVELOPING KEY SKILLS AND AWARENESS. POTENTIAL HAS BEEN RECOGNISED AND REPRESENTING THE STATE.

### U14 SQUAD

2010 BORN PLAYERS  
44 WEEK PROGRAM  
MIN 4 SESSIONS PER WEEK  
SQUAD APPROX. 20 PLAYERS  
COMPETITION = U15 JPL  
OPTIONAL SA REGIONAL AND INTERNATIONAL EXPERIENCE

### ENTRY INTO FT PROGRAMS

CLUBS NOMINATE PLAYERS TO OUR PROGRAM LEAD COACHES WHO WILL ARRANGE EXTENSIVE TRAIN ON EXPERIENCES FOR ENTRY TO FT SQUADS FOR 2025 SEASON

### U16 & U15 SQUADS

2008/09 BORN PLAYERS  
44 WEEK PROGRAM  
MIN 4 SESSIONS PER WEEK  
SQUAD APPROX. 34 PLAYERS  
COMPETITION = U14B & W-NPL RES  
NATIONAL CHAMPIONSHIPS

### FOUNDATION PHASE

DEVELOPING THE FUNDAMENTALS OF THE GAME AND HOLISTIC DEVELOPMENT. EMERGING POTENTIAL TO COMMIT TO LONG TERM DEVELOPMENT.

### U13 SQUAD

2011 BORN PLAYERS  
44 WEEK PROGRAM  
MIN 4 SESSIONS PER WEEK  
SQUAD APPROX. 18 PLAYERS  
COMPETITION = U14 JPL  
OPTIONAL SA REGIONAL AND INTERNATIONAL EXPERIENCE

### STATE CARNIVALS

2011 & 2012 BORN PLAYERS  
CLUBS NOMINATE PLAYERS TO OUR PROGRAM LEAD COACHES WHO WILL ARRANGE SELECTION OPPORTUNITES, GAMES AND THE CARNIVAL IN JULY 2024

### U14 & U13 SQUADS

2010 & 2011 BORN PLAYERS  
44 WEEK PROGRAM  
MIN 4 SESSIONS PER WEEK  
SQUAD APPROX. 32 PLAYERS  
COMPETITION = U12B & U13B  
OPTIONAL SA REGIONAL AND INTERSTATE EXPERIENCE

## 2024 FSA DEVELOPMENT CENTRES TERM 1,2 AND 3

SELECTIONS FROM 2023 SUMMER SAP (CLUBS NOMINATE PLAYERS)  
EXTRA WEEKLY TRAINING FOR CLUB BASED PLAYERS  
2012, 2013 & 2014 BORN PLAYERS  
METRO NORTH AND SOUTH VENUES (32 BOYS & 32 GIRLS IN EACH VENUE)  
REGIONAL CENTRES IN RIVERLAND, WHYALLA AND LIMESTONE COAST  
30X SESSIONS AND 3X GALA DAYS

## 2024 FSA TERM 4 ENTRY PROCESS TO 2025 DEVELOPMENT CENTRES

2012, 2013 2014 & 2015 BORN PLAYERS  
CLUB NOMINATION PLAYERS SEPTEMBER 2024  
FSA WILL ARRANGE SELECTION SESSIONS LATER IN 2024  
ENTRY INTO 2025 FSA DEVELOPMENT CENTRES

MORE FOOTBALL. MORE PLAYERS. MORE OPPORTUNITIES.

[WWW.FOOTBALLSA.COM.AU](http://WWW.FOOTBALLSA.COM.AU)

