

5AA Football Five5 Summer Leagues

Rules and Regulations –

General

- Groups may be modified depending on the number of teams
- Teams will play a minimum of 1 fixture every week
- Final Series dependent on the number of teams
- A canteen will be available at the venue
- Senior - Mixed teams must take the field with a minimum of two female outfield players at all times.

Number of Players

- Minimum - 5 Players
- Recommended - 6-8 Players

Duration

- Senior Fixtures - 2x20 minute halves | 5-minute half-time break
- Junior Fixtures - 2x15 minute halves | 5-minute half-time break

Competition Rules

- Suitable Artificial-pitch footwear and shin-pads must be worn during the fixtures.
- All players must wear the same colour playing shirt except the goalkeeper
- There will be no throw-ins or corner kicks.
- Kick-offs will be taken from the middle of the centre-line | Referees may call for a three-bounce start.
- All players may use all four walls to bounce the football off of.
- All players may enter the goalkeeper's area.
- Unlimited interchange will be allowed for all fixtures.
- The game automatically restarts with the goalkeeper if the ball goes behind the net of the goalposts.
- The offside rule will not apply
- There will be no pushing or bumping into walls.
- If a team kicks the ball out of the pitch, the fixture will restart with the goalkeeper of the opposing team.
- Serious foul-play will result in a player being sidelined for the rest of the fixture.

- Players will be warned for reckless and unsporting behaviour. Repetitive behaviour will result in players being sidelined for the rest of the fixture.

Goalkeepers

- Players can pass back to the Goalkeeper who must not pick up the ball. If done so, this will result in an indirect freekick.
- Goalkeepers must wear gloves during the fixtures.
- Goalkeepers may pass the ball out of their feet or throw it out with their hands.
- Goalkeepers must not kick the ball out of their hands or drop-kick the ball directly from their hands. If done so, this will result in an indirect freekick from the penalty spot.
- Goalkeepers must wear a different coloured shirt to the team.
When in their hands, the goalkeepers have 4 seconds to dispose of the ball.

Freekicks and Penalties

- Penalties are 1 metre from the centre of the goal-line. In the event of a penalty being awarded, all penalty takers can only take one step before striking the football.
- All free-kicks are indirect. The opposing wall must be a minimum of 2 metres away.